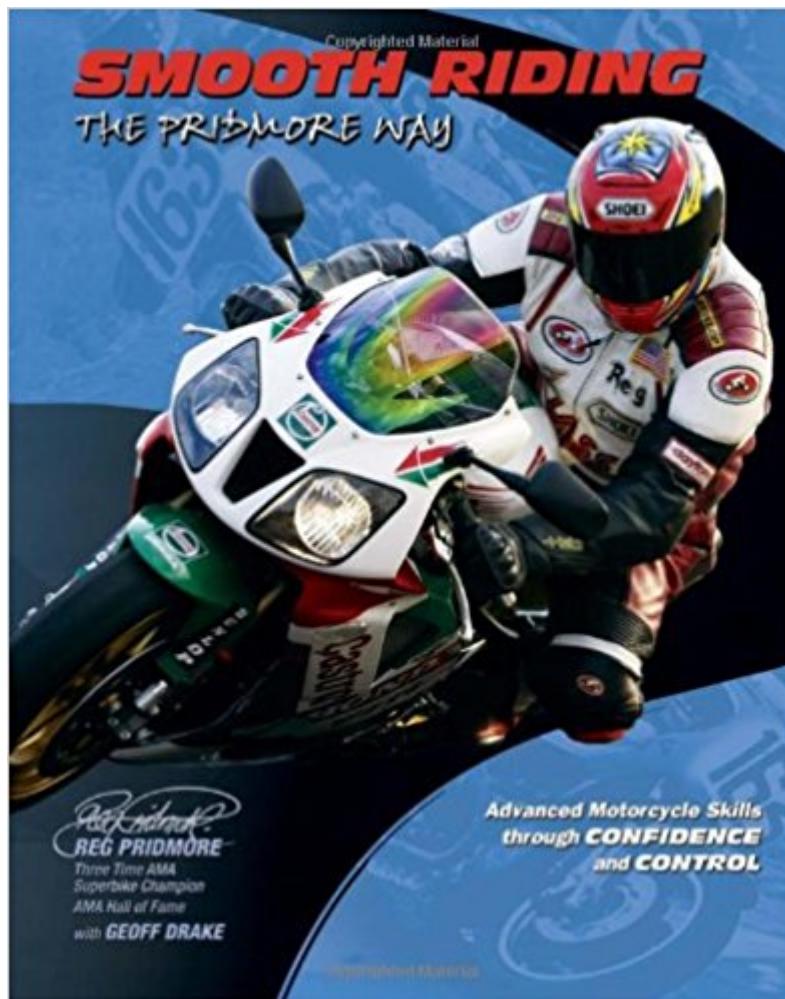


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# Smooth Riding The Pridmore Way



## Synopsis

Former AMA racing champion Reg Pridmore, known worldwide for his popular CLASS Motorcycle Schools, brings his decades of experience on the track, street and classroom, to the readers of this new riding skills book. After reviewing the basics, Pridmore shows advance students how to focus on control in cornering, braking, and acceleration. A long-time proponent of the value of body-steering, Pridmore's insightful text explains how this controversial technique helped him win championships and how it can help everyday riders and budding racers become smoother, better riders. Sections on street strategies and riding gear make this a comprehensive how-to riding skills book for anyone looking to improve their skills.

## Book Information

Paperback: 160 pages

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Average Customer Review: 4.3 out of 5 stars 35 customer reviews

Best Sellers Rank: #898,618 in Books (See Top 100 in Books) #74 in Books > Sports & Outdoors > Miscellaneous > Motorcycle Racing #606 in Books > Engineering & Transportation > Automotive > Motorcycles #665 in Books > Sports & Outdoors > Miscellaneous > Motor Sports

## Customer Reviews

"I have always respected Reg's contribution to ... rider training and development." -- Freddie Spencer, Three-time World Champion "What Reggie teaches can save your life." -- Kevin Erion, Founder of Erion Racing and Two-time AMA Pro Twins Champion

A three-time AMA Superbike champion in the 1970s, Pridmore started America's premier track school more than 20 years ago, visiting the nation's top racetracks to help motorcyclists of all skill levels become faster, smoother, and safer.

This book contains a lot of good riding info for beginning and advanced riders alike. I've been using

the book for years and always get something new out of it as my skills improve, or as a reminder of things I've forgotten. I used to get this book from the library about every year for a refresher. As another reviewer said, much of this book seems to be an advertisement for Reg's life and school. But, those parts are easy to skip over if you're not interested.

Part history of Pridmore's and others racing, part instructional manual and all a good read with useful information. Every idea and skill you acquire for riding a motorcycle is another arrow in your quiver for survival in the wars of the street.

A well presented book. It addresses most of the basics. Some areas could possibly be covered in greater detail, but overall possibly the best 'how to' introductory book on motorcycle riding technique that I've read.

I started with Keith Code back in the late 80's and eventually read most of the major motorcycle training / safety books. Each book adds something to my archive of techniques. It might be just one paragraph that I didn't really digest on the first time through. Reg talks about smooth in a way that connected with me. The information may have been found in other books I have, but Reg reached me and changed the way I ride for the better. If you're interested in the history of our sport his side notes about racing and riding on the street in the 60's are worth the price of the book. My wife and I have taken his class and this book added to the experience. I highly recommend this book.

Great book from a hero of mine

Not the kind of book you can use to practice by yourself, more like a CLASS courses advertisement catalog

This book is the perfect book for riders who are comfortable with their bike and ready to take things to the next level. I had read David Hough's "Proficient Motorcycling" already when I got this book, and wasn't expecting to learn much when I tried this book out from the library. Needless to say, I was totally proven wrong! Where Proficient Motorcycling focuses 80% on street strategy and 20% on mechanics, this book is the other way around, and a great complement to Hough's books. While the book is basically about advanced riding techniques that racers use, the focus is always on how these techniques make you a safer and more capable rider on the street. This is one of the things I

like most about the book. I also read an older version of Keith Code's "Twist of the Wrist", but found it hard to relate to because it's a serious track racer's guide. This book has skills you can immediately start applying to your current riding, even if it's just a daily commute to work. Although the book is not very long and is a fairly easy read, I'm finding that it's taking a long time to absorb the techniques. It takes a lot of attention to break old habits, and one doesn't have much attention to spare in the first place on a bike. Anyway, I've gotten a lot of enjoyment out of adjusting my riding to use the techniques in the book, one at a time. It's brought a new level of freshness and areas to focus on improving to my riding.

I found this informative, the more quality books you read the better you will ride.

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